



REGINA CANADA

## FAMILY 5K COURSE

All distance markers are approximate.



## Family 5K Course

The Family 5K course starts and finishes on Lakeshore Drive, in front of the main entrance to the Conexus Arts Centre.

Shortly after the course starts, it transfers from the road onto the pathway that leads towards the pedestrian underpass beneath Broad Street, and continuing clockwise on the pathway around Wascana Lake.

As you come back towards Broad Street, the course moves briefly off the pathway onto Wascana Drive, then turns south onto the sidewalk before once again going down to the pedestrian underpass, and then heading back to the finish line.

***Please note that the Family 5K is the ONLY event where baby/infant strollers ARE allowed on the course. For insurance purposes, all participants, including those occupying the strollers, must be registered for the event.***