





# G | m | S QUEEN CITY MARATHON

REGINA CANADA

## 10K Course

-  Refreshment Stations
-  Medical Stations



## 2022 GMS QCM 10K Course Turn-By-Turn Narrative

### Part 1

**START** on Lakeshore Drive in front of the Conexus Arts Centre, facing WEST towards Broad Street/Wascana Parkway.

Leave the starting line on Lakeshore Drive, crossing Broad Street, heading West on Lakeshore Drive, with Wascana Lake on your right.

Follow Lakeshore Drive northward, past the Saskatchewan Legislative Building and the Queen Elizabeth II Gardens, as Lakeshore Drive curves southward and heads down Memorial Way.

Shortly after passing by the Saskatchewan Legislative Building, make a right turn onto A Avenue, then make another quick right onto Albert St., heading North.

Go a loooong way up Albert Street, over the Albert St. Bridge, past the Royal Saskatchewan Museum, past College Ave., past GMS headquarters, and then turn right (East) onto Victoria Ave.

Go past Regina City Hall, Hotel Saskatchewan, and Victoria Park. Turn right (South) onto Hamilton St.

### Part 2

Travel down Hamilton St. and then turn left (East) onto College Ave.

After two blocks on College Ave., turn right (South) onto Broad St.

Travel South on Broad St. As you approach Quinn Dr., you'll pass by **RELAY EXCHANGE #1**. Then turn left (east) onto Quinn Dr.

Head along Quinn Dr. until it hits Winnipeg St. Take a right (South).

Winnipeg St. heads South, then curves to the left (East) and becomes 19th Ave.

Make a right turn onto Powerhouse Dr., heading towards the Saskatchewan Science Centre & Kramer IMAX, then make a quick right turn onto Wascana Drive, and head West.

When you reach Broad St., turn left (South). Cross over the Broad St. bridge.

Turn left onto Lakeshore Dr. and you can smell the finish line.

You'll **FINISH** on Lakeshore Drive in front of the Conexus Arts Centre. You're done and you earned your medal, you awesome person, you! Way to go!